



# Upper Lachlan Counselling Service

## When you are:

- Wanting help with personal growth ~
- Experiencing loss and grief ~
- Feeling down or overwhelmed ~
- Dealing with difficulties from the past ~
- Feeling on edge or unsettled ~
- Having relationship concerns ~
- Facing issues with sexuality

Confidential help is available

### **Peter Kadwell (M.Couns)**

Counselling and Supervision  
Training and Consultancy

**Clinical Member:** Psychotherapists and Counsellors  
Federation of Australia  
PACFA Registration No.: 23490

**Fees:** Sliding scale of fees according to income  
**Refer:** No GP referral or Mental Health Care Plan  
necessary, but welcomed.

### **Thrive Medical Centre**

161 Goulburn Street, Crookwell NSW 2583

**Phone:** 4880 3809

**Email:** [reception@thrivegp.com.au](mailto:reception@thrivegp.com.au)

**Web:** [www.thrivegp.com.au](http://www.thrivegp.com.au)

