

Understanding Dementia

Goulburn NSW
Thursday 6 July 2023

This session provides an introduction to dementia including an overview of different types of dementia, diagnosis, planning ahead and how to support someone living with dementia.

You will gain knowledge in:

- types of dementia, signs and symptoms
- the experience of living with dementia
- available services and where to access support.

Suitable for: People living with dementia, their family carers, family members, and people who are concerned they or someone they know may have dementia. This session is not suitable for volunteers, professional carers or people employed in the health or aged care industries.



When: Thursday 6 July 2023
10am - 12.30pm (2.5 hours)

Where: Grace Millsom
Function Centre
47 Braidwood Road
Goulburn NSW 2580

Cost: Free

Additional information:

Bookings are essential.
To register, please click this link:
<https://bit.ly/3C1pV2N>

Find out more

For enquiry, please email: Gemma.Mitchell@dementia.org.au or call Gemma on (02) 8875 4671.

This program and the National Dementia Helpline are funded by the Australian Government.

National Dementia Helpline **1800 100 500**

Find us online **dementia.org.au**



For language assistance
call **131 450**